BAY RIDGE • • EST. 1976

EST 1976

Mid-East Bakery

& Grocery • Catering Menu



A Mid-East Bakery catering spread

7808 Third Avenue, Brooklyn

Vegetarian finger foods

Pumpkin kibbeh balls — $2.50 each
Spinach, onion and chickpeas in a fried pumpkin and bulgur shell.

Cheese pies — $2 each
Baked pies with feta and mozzarella.

Spinach pies — $2 each
Triangular pies with spinach, tomato, onion and lemon.

Cheese sambousek — $2 each
Fried pastry filled with cheese.

Vegetable sambousek — $2 each
Fried pastry with carrots, corn, potatoes and peas.

Spanakopita — $1.75 each
Spinach and feta baked in phyllo.

Vegetarian grape leaves — $10 / dozen
Filled with rice, chickpeas and tomatoes.

Falafel — $18 / dozen
Fried chickpea patties with sauce and fixings.

Plain za’atar pies — $2 each
Flatbread topped with thyme and sesame.

Open cheese pies — $2 each
Flatbread topped with a cheese blend.

Half za’atar, half cheese — $2.25 each
Flatbread with thyme, sesame and cheese.



Stuffed grape leaves



Falafel platter



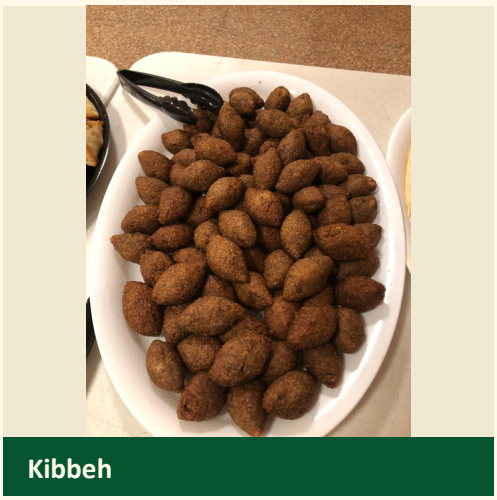
Za’atar flatbreads

Meat finger foods

Kibbeh balls — $2.50 each
Beef and onions in a fried bulgur and meat shell.

Closed meat pies — $2.50 each
Triangular pies with beef, onions and pine nuts.

Sfeeha — $2.50 each
Open meat pies with tomatoes and pomegranate molasses.



Kibbeh

Chicken pies — $2.50 each
Chicken breast, garlic, pickles and tomatoes baked in a dough pocket.

Mini pita shawarma — $2.75 each
Chicken, parsley, tomatoes, tahini and pickles.

Meat sambousek — $2.50 each
Fried pastry filled with beef and onions.

Meat grape leaves — $12 / dozen
Filled with rice and meat. Ask about pots.

Stuffed cabbage leaves — $15 / dozen
Filled with rice and meat, with garlic. Ask about pots.

Mezze & vegetables

By the pound

Hummus — **$10 / lb**
Chickpeas blended with tahini, garlic and lemon.

Baba ghannouj — **$12 / lb**
Smoked eggplant with tahini, garlic and lemon.

Muhammara — **$12 / lb**
Red pepper dip with pomegranate molasses and walnuts.

Moujadra — **$12 / lb**
Lentils and rice with fried onions.

Salads & vegetable trays

	HALF TRAY	FULL TRAY
Tabouleh salad Parsley, tomato, green onion and cracked wheat with lemon dressing.	$50	$95
Fattoush salad Lettuce, tomato, parsley, radish and toasted pita with sumac dressing.	$45	$75
Eggplant moussaka Smoked eggplant, onion, tomato, garlic and chickpeas in tomato sauce.	$40	$85
Bamyeh b-zeit or loobyeh b-zeit Okra or string beans stewed with onion and tomato.	$55	$90



Fattoush salad

Entrées

By the tray

	HALF TRAY	FULL TRAY
Rice hashweh Rice with ground beef and nuts.	$35	$75
Rice hashweh with chicken	$60	$110
Rice hashweh with lamb	$75	$160
Bamyeh, loobyeh or basella Okra, string beans or peas with meat in tomato sauce. Served with rice.	$55	$100
Kafta with potatoes Kafta, onions and potatoes in tomato sauce. Served with rice.	$55	$95
Kibbe b-saynieh Beef and onions baked between layers of bulgur and meat.	$55	$125
Shepherd's pie Beef, onion, peas and carrots layered with mashed potatoes.	$50	$95

By the piece or dozen

Coussa or eggplant mehshi Seasonal zucchini or eggplant stuffed with rice and meat.	$3.50 each
Coussa b-laban Zucchini stuffed with rice and meat, served with yogurt sauce.	$5 each
Kibbe b-laban Kibbe balls served with yogurt sauce.	$45 / dozen
Shish barak Kafta-filled dumplings served with yogurt sauce.	$25 / dozen

Fish

MARKET PRICE

Samakeh harrah	Tilapia or halibut with cilantro.
Sayadieh	Tilapia or halibut with sayadieh rice.
Fish tagin	Halibut baked with tahini sauce and onions.

Pastries

Baklava — $18 / lb
Layers of phyllo and syrup with your choice of pistachios or walnuts.

Bird's nest — $3.50 each
Pistachios nestled in phyllo with syrup.

Lady's fingers — $3.25 each
Pastry cream wrapped in phyllo with syrup.

Ghraybeh — $18 / lb
Sugar cookies.

Date maamoul — $16 / lb
Dates in a semolina shell.

Walnut maamoul — $18 / lb
Walnuts in a semolina shell, with optional powdered sugar.



Pistachio baklava



Baklava rolls

Catering orders

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